

BORONIA PARK PUBLIC SCHOOL

NEWSLETTER

Email: boroniapk-p.school@det.nsw.edu.au Website: www.boroniapk-p.schools.nsw.edu.au

Term 4 Week 7 21 November 2022

WEEK'S EVENTS					
Wednesday 23 November	Music Soiree – St Anne's Church Ryde				
COMING EVENTS					
Monday 28 November	Kindy excursion to Field of Mars				
Tuesday 29 November	Year 5 student captain speeches				
Friday 2 December	PSSA Finals				

PRINCIPAL'S REPORT

The Annual General Meeting of the P&C was held last Monday evening. Thank you to all parents who attended. Several key positions remain vacant post this meeting, including the important role of President. I encourage any parents keen to participate in this important part of our school community, to please reach out to the P&C to let them know of your interest.

Are you currently, or have you ever been a class parent? I am conducting a *Class Parent Forum* next Tuesday, 29 November, 2:00-3:00pm in the RFF room (the classroom closest to DOZO). I would love to talk over a cup of tea/coffee with past and present class parents to find out what has worked, what hasn't, and how we can work together to ensure clear communication procedures are in place so that the job does not become too onerous. If you are able to attend, please complete the following link for catering purposes: *Class Parent Forum - Google Forms*

I recognise and understand that some parents were particularly unhappy with the last-minute change to the delivery of Interrelate last Tuesday night from face to face, to zoom. This was not a school-based decision. I have had some parents reach out to clearly state their discontent with this decision. I have heard your comments. I have also had several parents reach out to say that they preferred the zoom session, as it allowed for conversation between child and parent to take place in their own home. For those unhappy, I again apologise. For those who enjoyed the experience, thank you for letting me know. A reminder that if you would like a refund, please directly email the school on boroniapk-p.school@det.nsw.edu.au, or, if you would prefer a copy of the recording to be sent to you once we receive it, please enter your details on the following link: Interrelate Survey- Non-Attendees -Tuesday 15 Nov 2022 - Google Forms To those of you who attended, and would like to complete the short survey to provide feedback, please follow this link: Interrelate Survey- Attendees - Tuesday 15 Nov 2022 - Google **Forms**

At the end of the year many teachers receive some very generous gifts from some of their students. The gifts are usually a token of appreciation or a gift for Christmas. I know that in many cases students have banded together

to purchase an item. I must bring to your attention that as public servants it is not expected that teachers receive a gift. Any teachers who do receive something are required to be transparent about any gifts they receive, and all staff are required to complete a declaration form where the gift total exceeds \$50. I appreciate your understanding in this matter.

Mrs Ward

DEPUTY PRINCIPAL'S REPORT

TRAVELLING TO SCHOOL SURVEY

Schools can contribute to student health and wellbeing by supporting them to be physically active now and in the future. We are exploring whole-school and community strategies to embed safe active travel and road safety education into our school. Belinda Liong will be leading this initiative in 2023.

The P&C and our school council have approved this survey. Please complete this survey to support our road safety vision plan: *Travelling to school survey*

HELPING YOUR CHILD WITH ANXIETY AND FEARS

It's normal for children to sometimes show signs of anxiety, worries and fears. In most cases, anxiety in children comes and goes and doesn't last long. For children to be worried, they have to imagine the future and the bad things that might happen. This is why worries become more common in children over 8 years of age.

If your child is struggling with anxiety, there are things you can do to help them — including providing emotional support, working on practical strategies together and finding the right professional help if they need it. Remember, the goal for most kids isn't to eliminate anxiety completely. It's really about giving them the skills to manage anxiety, so it doesn't get in the way of enjoying life.

Following are some valuable tools for parents and carers to support their children's wellbeing and additional resources for supporting children with anxiety:

CHILDREN'S WELLBEING RESOURCES:

- NSW Department of Education Wellbeing hub
- ParentLine NSW Parenting a child with disability
- Headspace 7 ways to support a young person's healthy headspace
- Australian Government Head to Health (details on a range of trusted mental health service providers)

ANXIETY RESOURCES:

- Beyond Blue Strategies to support anxious children
- Child Mind Institute What to Do (and Not to Do) When Children Are Anxious
- GoZen 9 Things every parent with an anxious child should try
- Young Minds A guide for parents: Supporting your child with anxiety

Mrs Taylor

OFFICE REPORT

REMINDER

Please note our recess and lunch break times:

RECESS: 11:00am - 11:25am LUNCH: 1:00pm - 1:50pm

If you wish to collect your child/ren between these times for an appointment, please contact the office prior to the beginning of each break bell. It is almost impossible to find individual students in the playground during breaks.



AWARDS

Congratulations to the following students for recently receiving their Gold awards:





Rebekah V 6C

Lachlan K 3S

CREATIVE ARTS

MUSIC SOIREE THIS WEDNESDAY

We are looking forward to the Music Soiree this Wednesday evening at St Anne's church function centre in Ryde, with our music ensembles performing. A reminder that tickets need to be bought online in advance from Trybooking https://www.trybooking.com/CDVPH

TRAINING BAND 2023 REGISTRATIONS

Parents are reminded that initial registrations for training band 2023 close this *Friday, 25 November.* To accept a place in the training band for 2023, please fill in the registration form on our Bandforte online platform ASAP. Please ensure all details are correct.

Click this link *BMGD-CHGP-ILOB-HNOB* or type the following into your browser: *https://tinyurl.com/yc7yp8vw*

RECORDERS

The festival recorder group will be performing at the music soirée on Wednesday evening. All other recorder groups will be performing at the flute and recorder student concert on Friday, 9 December at 3:30pm at the school.

Mrs Nylund

LIBRARY

This is the last borrowing week for all students as the library prepares to conduct a stocktake. End of year loan notices will be distributed over the next 2 weeks. Please ensure that all books are then returned to the library by 2 December. If any books are lost, please inform the library as soon as possible.



Mrs Hunt

CANTEEN

Mondays: Sushi \$3.70

Tuesdays: Roast chicken rolls \$5.00

Salad boxes with chicken \$5.50

Wednesdays: Chicken and beef burgers

Thursdays: Sushi \$3.70

SUPPLY ISSUES

We are currently experiencing some supply issues with certain products. Hopefully this will only be for a short time and our full menu will be back to normal soon. Thanks for your patience.

CANTEEN PRICE LIST

The canteen price list can be found on the school website.

FRIDAY AFTERNOONS

The canteen is open on Friday afternoons from 3:20pm. Come by to get your end of week treats as the weather starts warming up.

